

# EMERGENCE

## AN INTRODUCTION FOR THOSE IN ORGANISATIONAL LIFE

Now 'Journey' is a mainstream word and understood to mean personal journey as well as a trip in a car or plane, other words are appearing which are prompting the question 'what on earth do they mean?' Emergence, Higher Consciousness or Higher Vibration, once the words of the esoterics, are now being used by those who can sense 'something' is happening but are not quite sure what. There is help available!... such as online courses on how to 'Awaken to Higher Consciousness'. One I subscribed to recently has 20,000 followers. That's a lot of people worldwide!

### **What is it about?**

The Emergence is from a world driven by power and domination to one inspired by compassion, beauty, love and other focussed. Living life with these qualities as motivators is being at a higher vibration or consciousness. When we are in a higher consciousness, we are more aware of feelings and approach situations from both our hearts and minds; emotional intelligence. Feminine qualities are valued as much as masculine in both men and women. The worlds of reason and mystery dance to create a more equitable balanced world.

### **The preparation**

The mind-body-spirit world, seen as wacky in the 1990s, is now mainstream. I believe it helped us prepare to move into an awakening state. The thoughts and writings helped us understand how to be healthy at a physical, emotional, mental and spiritual level. The journey can be painful, yet necessary, so we are living life not from an ego perspective but from one of compassion. We are clearer of 'our stuff' in order to listen and observe and be on route for the awakened future which is calling us to it.

### **Fact**

It is a fact that in 2012, because of the relationship of the sun and the earth, the earth will be at a low magnetic point. Some places in the world have low magnetic points now: the West Coast of North America is an example. Low magnetic points are where there is less interference, similar to being in a relaxed or meditative state. The voices that doubt are absent, therefore giving space for positive creative ones to emerge. It is interesting that Silicone Valley and Seattle pioneered and birthed the technology revolution, and that California birthed the 1960s Love Revolution. 2012 and its surrounding years will be a time when there is an opportunity to be more creative, to integrate being with doing, to honour reflection and action, to birth something new.

## **Prophecy**

Indigenous traditions, and in particular the Mayans, say 2012 is an important year as it is the end of time. What they really mean is it is the end of a cycle in the sun and earth journey through the Heavens that lasts 5125 years. It has happened before. It could be the end of life as we know it in a cataclysmic way. It could be the opportunity we have to change our ways as humans, and to be more aware of the interconnectedness of everything. People have survived the end of these cycles in the past and there are, if we are attuned, codes and signs to help us move through to the next cycle. There are hints if we feel, observe and trust our inner knowing. The cycles are driven by something in the Universe we do not understand and can see in the changing seasons, birds migrating, and even how our own bodies work.

## **An example from History**

The Axial age 900-200 BC can provide some clues. The Axial sages saw that warfare and terror affected everything that people did, their dreams, their hopes for the future. They saw a need to re-educate people from less conscious levels of the self, by eradicating the egotism they saw was responsible for all the violence at that time. Sounds familiar? The same could be said of our times, alongside climate change and consumerism. The Axial sages put the abandonment of selfishness and the spirituality of compassion at the top of their agenda. They encouraged people to know what they were transforming from and trust what they were transforming to, so avoiding dogmatism. It is easy to want to be open rather than dogmatic and hard to put into practice. It is even harder to live not clear on what you are going to during times when great emphasis is placed on measurement and achievement. The future emerges in its own time. During the waiting period, opportunities present themselves for us to be more compassionate.

## **Breakdown to breakthrough**

For anything new to come in, the old breaks down, just as autumn leads to winter and spring. There are clear signs of the old paradigm coming to an end and of new shoots peeping out into our current world. We are all well aware of being out of sync with nature. Costly wars are being fought when people are starving. The dark side of human behaviour is evident in society. Behaviours of individuals, governments and organisations are being questioned. People are challenging the 'old world'. The timing of the development of the web was perfect for this. The future, although drawing us to it, is not clear. There is a need for great trust and faith to step on and continue our individual emergence.

## **Change and transformation**

Emergence can sound wonderful and it is, and it means change, and sometimes transformation - when you go over the tipping point of change to be different. Emergence

happens in a number of ways. Some are conscious, some are not. Some get on the path deliberately, some unwittingly. It is soul and heart driven.

### **How it happens**

- We are drawn to it, gently, and we are receptive to it
- We actively seek it through books, courses, and talking to others
- Suddenly, as a thunderbolt, a wake-up call
- It just does over time

### **Nurture it**

Emergence can be nurtured by talking with people who understand it from their perspective. Also important is silence and inner reflection to clear the mind and work out what your emergence is and what you need to do. Being in silence appears to be a prerequisite, not in the sense of leaving the world but being very much in the world and taking time to reflect, rest and listen to the inner Wisdom which is connected to a collective Wisdom. It takes time and practice to tune in to this.

We can go to sacred places where others have been to experience different vibrations and be still and listen. Art, nature, music, swimming, running, yoga, meditation.....there are now so many openings, whatever it takes for us to keep in the Emergence zone. Do what we love doing, enjoy activities that energise and develop resilience to protect us and help us see the illusion in the world and our own lives.

And it involves digging. Digging the shadow of our unconscious to release its gold so we can step up. Digging to see what holds us back from interacting with love and compassion with ourselves and others. Digging to find the simplicity, to stop the over-analysis and blaming the past. Digging with the intention to heal and step into the future.

When we resist, the journey slows down. We can get ill, angry, and sad and then something happens to warm the soul; a comment, an insight, an act of love and we realise the Creative Spirit needs us to play our part with it and others in this Emergence.

### **Staying with it**

Entering and staying focused in the new vibration can be confusing, tiring, and a challenge. The journey is an individual one and there are signs and prompts to follow. It can be like floating on a gentle stream, being and surrendering rather than doing and controlling. Or it can be a roller coaster ride in which radical decisions need to be made.

Sometimes we don't know how to talk to others about what's happening to us. We may not be on the same wavelength as people we have loved in the past. They don't 'get' the new you however enthusiastic you are. You may find their thoughts and conversations inane. This is a test for how graciously we can be with all people and stay true to our calling. Then

like-minded others come into our lives. What appears to be happening now is those who have been on this individual awakening for some time are joining together to become groups.

And we trigger thoughts in others, sometimes by just being and they may get 'it' speedier than us! We all need the humility to move from competition to service and greater good for all.

### **Stepping up**

Emergence demands us to step up with our whole selves; to speak what we believe is the truth so we flow with the new vibrations in a very practical way. We need to be as pure as we can about our own issues to hear what we need to hear to make a difference.

Emergence is about stepping up, not opting out for most of us. It's not living an aesthetic life or leaving the world, it's about being in the world, active and courageously initiating changes, being aware of how we speak to people, how we respect and thank them, how we ask for things for ourselves and how we give to others. It is a movement to create a world that is more values-driven. It can be hard to hold firm on the emergent self in those organisations, which are still in the industrial revolution paradigm focused on task, targets and the short-term rather than innovation, growth, people and making a difference to create a future.

Stepping up involves questioning, emptying our minds of existing thoughts to be open to different ways of thinking, doing and being. The Emergence spirit guides and does not always follow tried and tested rules!

### **Encouraging others and ourselves**

We are both teacher and learner. Both require radical humility. We can all co-create the future. We have a responsibility to pass on our experience of Emergence to others and to continuously focus on our ongoing Emergence as an act of service. We are all learners and will not get it right all the time. If we honour the Emergence and realise we are supported by others and the loving and compassionate consciousness, we will get it right a lot of the time.

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